

残心

THE ZANSHIN



SHINDO JINEN RYU KARATE DOJO

Affiliated to JKR-UK, EKF, JKR and WKF

Established in 1976.

COMPULSORY CLASSES

As part of your regular training you are expected to attend 6 Compulsory Seminars organised throughout the year. The Dojo maintains a high standard and strong reputation of producing Karateka of exceptional calibre. The major contributing factor is the Dojo's Senior Instructors maintaining the rule of exposing the students to some of the best martial artist in the World. Not all Seminars, Courses and Workshops are compulsory. But those that are, **YOU** are expected to attend.

The following rules help you understand how important they are:

- (1) If you cannot make a Compulsory session you must inform Oliver Sensei as soon as possible.
- (2) You are not expected to attend Compulsory sessions until after your first grading. However, it is looked upon favourably if you do attend before.
- (3) The cost of Compulsory sessions are always more expensive than normal sessions, the Dojo operates a saving scheme to help you fund your attendance. Please see OLIVER Sensei for details.
- (4) The list of Compulsory sessions is published at the beginning of each year. You are provided with all the dates well in advance. The dates are also posted in the Dojo. You are supplied every quarter with the Compulsory sessions for that quarter in detail.
- (5) **NONE ATTENDANCE WILL MEAN SUSPENSION FROM GRADING, SQUAD ACTIVITIES AND MAY LEAD TO YOUR MEMBERSHIP BEING TERMINATED.**
- (6) The following Sensei's' are always Compulsory Sessions:

KIYOSHI YAMAZAKI, TERRY O'NEILL, BOB RHODES and SIMON OLIVER.

*DOJO TUTION & PRIVATE LESSONS AVAILABLE DAILY
AT THE
SNEINTON HERMITAGE COMMUNITY CENTRE
SNEINTON BOULEVARD SNIENTON NOTTINGHAM NG2 4GN ENGLAND
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